

Sports Permission Packet



Please review all pages for fees, uniforms and updates on recent changes to this year.

Have a great season!

Any questions, please contact

Nick & Seterah Jones

Email: athletics@saintkierancatholicschool.org

PLEASE NOTE:

I CANNOT ADD YOUR CHILD(REN) TO A TEAM SPORT IF ANY OF THE FOLLOWING IS MISSING:

- _ Signed Parochial Sports League Kids Zone Parent Pledge

- _ Signed Sports League Permission Form

- _ Signed Parochial Sports League

- _ \$55.00 FACTS charge per Child, no cash/checks

- _ Completed Sports Uniform Form

- _ Please print legibly on all forms

PAROCHIAL SPORTS LEAGUE

□ Facility Use and Sportsmanlike Guidelines

Please treat each of the facilities we use as if it were your own. Remember, in most cases, the gymnasiums and playing fields we use do not belong to us. We are fortunate to have the facilities we use and this should not be taken for granted. If we abuse them, we could lose them. Therefore, please keep the following rules in mind:

- 1) We are limited to the immediate area of the playing field or gym that we are using. Please do not let your students or other children “explore” the rest of the campus.
CHILDREN MUST BE UNDER ADULT SUPERVISION AT ALL TIMES.
- 2) At Cathedral and Francis Parker, the stage area in the gym is off limits. We are not allowed to play with the gymnastics equipment or any football equipment on the field.
- 3) NO FOOD OR DRINK is allowed in any gym.
- 4) Please do not show up more than 15 minutes prior to your game if you are the first game of the day at a specific facility.
- 5) NO PETS allowed; NO BIKES, NO SKATEBOARDING or SCOOTERS.
- 6) Please leave all facilities as neat as you found them.

Realize that not every playing field will have a trash can, so if you are planning on bringing snacks or drinks, please bring a trash bag to take your trash with you.

****NOTE:** Violation of any of the above rules may cause your team to forfeit the game.**

This is a severe penalty; however, past abuses have almost cost us the use of a facility. If this happens again, we may no longer have a program. The league thanks you in advance for your cooperation.

SPORTSMANSHIP

Please remember that you are setting an example in behavior that the students and other children are likely to follow. You are encouraged to cheer enthusiastically in support of your team. However, keep in mind that it is considered poor sportsmanship to try and discourage the opposition from doing its best. Therefore, it is requested that you:

- 1) Do not make noise in an attempt to hinder an opposing player from serving the volleyball, kicking a penalty kick in soccer, or shooting a free throw in basketball.
- 2) Do not direct negative or derogatory comments toward opposing players, their coach, or the game officials. Keep your comments positive.
- 3) Keep the field or court clear during timeouts (except for cheerleaders). This will allow games to re-start promptly.

Remember, everyone wants to win, but only one team will. Remember each game should be a positive experience for both teams regardless of the final score.

I agree to honor the Parochial Sports League Facility Use and Sportsmanlike guidelines in my words and actions:

St. Kieran Catholic School

Print Parent Name _____

Print Parent Name _____

Parents Signature _____ Date _____

Print Child's Name _____ Child's Grade _____

**St. Kieran School
1347 Camillo Way
El Cajon, CA 92021
Office: (619) 588-6398**

SPORTS LEAGUE PERMISSION FORM

I/We, the undersigned, as Parent/Guardian of _____do request that he/she be allowed to take part in _____.

I/We do hereby consent to release St. Kieran School and any and all of its’ agents from liability arising out of/or in any manner related to this activity. We further understand that there is a \$55.00 participation fee due when signing this permission form. This fee must accompany this permission form. I also understand that it is my responsibility to provide transportation to and from practice and games (carpools). In the event of a medical emergency, I/We further consent to the decision made by the school or any and all of its agents relating to the provision of medical assistance. The school accident insurance is in effect during practices as well as the games.

Print Parent Name _____ Parent Signature _____ Date _____

Print Parents Name _____ Parents Signature _____ Date _____

Print Child’s Name _____ Child’s Grade _____

Cell Phone Number _____ Parent E-Mail Address _____

Secondary Contact Name & Phone Number _____

I understand my FACTS account will be charged the \$55 upon receipt _____ (initial)

Please Note:

Any student placed on academic or disciplinary probation or suspension is ineligible for participation in extracurricular activities, this includes practices. Students on a sports team absent from school on the day of the event are ineligible to play in the event that day.

Students participating on a sports team are expected to attend all practices and all scheduled games. Uniforms are on a loan basis and are expected to be returned in the same condition as received. There will be a charge for damaged and/or lost uniforms. The fee will be the current cost of a replacement.

Background check and Safe Environment online class (CMG Connect) are mandatory per the Diocese of San Diego for coaches.

All parents are asked to read and sign the following:

Parochial Sports League Kids Zone Parent Pledge

Parents: Please read, initial each item, sign at the bottom and return to your school’s Athletic Director.

- _____ 1. I pledge to be on time or early when dropping off my child for a practice or game. I understand that it is embarrassing for my child to be late to a game or practice and that I am putting him/her at physical risk by not providing adequate time for warm up. I understand the importance of picking up my child on time for all games and practices. This shows respect for the coach, who has other time commitments, and it tells my child that he/she is my top priority.
- _____ 2. I understand that the top three reasons kids play sports are to have fun, make new friends and learn new skills. I understand that the game is for the kids, and that I will encourage my child to have fun and keep sports in its proper perspective. I understand that athletes do their best when they are emotionally healthy, so I will be positive and supportive.
- _____ 3. I will redefine what it is to be a “Winner” in my conversations with my child. A winner is someone who makes maximum effort, continues to learn and improve, and does not let mistakes stop them. I understand that mistakes are an inevitable part of any game and that people learn from their mistakes. I understand that all children are born with different abilities and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self.
- _____ 4. I will “Honor the Game”. I understand the importance of setting a good example of sportsmanship to my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and referees. I understand that officials, coaches, and players make mistakes. If the referee makes a “questionable” call, I will continue to respect the individual and be silent!
- _____ 5. I understand that games can be exciting times for my child, who is trying to deal with the fast-paced action of the game, respond to opponents, referees, teammates and listen to coaches. I will not add confusion by yelling out instructions. During the game, I will limit my comments to encouraging my child and other players for both teams.
- _____ 6. I will not make negative comments about the game, coaches, referees or teammates in my child’s presence. I understand that this plants a seed, which can negatively influence my child’s motivation and overall experience.

I agree to honor the Parochial Sports League Parent Pledge in my words and actions.

St. Kieran Catholic School

Print Parent Name _____ Parents Signature _____ Date _____

Print Child’s Name _____ Child’s Grade _____

SPORTS UNIFORM FORM:

ATTN: SPORTS DIRECTOR

Please circle the size that applies to the sport indicated and return to the office.

****DO NOT REMOVE OR WRITE NAMES ON TAGS****

****REPLACEMENT COST OF UNIFORMS LOST OR DAMAGED IS \$50-\$100 DEPENDING ON UNIFORM****

Student Name: _____ Sport: _____

Grade: _____

Please circle appropriate sport, Boys or Girls and level

Football Varsity/Junior Varsity (Jersey) YS YM YL XL AS AM AL AXL

Football (Pants/shorts) YS YM YL YXL AS AM AL

Soccer Boys Girls VI/V/PeeWee (Jersey) YS YM YL AS AM AL

Soccer (Shorts) YS YM YL AS AM AL

Volleyball (Jersey) YS YM YL AS AM AL AXL

Volleyball (Shorts) YS YM YL AS M AL AXL

Boys' JV Basketball V/JV/PeeWee (Jersey) YM YL YXL AS AM AL AXL AXLL

Boys' JV Basketball (Shorts) YM YL AS AM AL AXL

Girls' Basketball V/JV/PeeWee (Jersey) YM YL AS AM AL AXL

Girls' Basketball (Shorts) YM YL AS AM AL AXL

Track & Field/CrossCountry YS YM YL YXL AS AM AL AXL

For Office Use Only		Paid:	Check:	Cash:
	Issued Returned		Issued Returned	
Jersey Number		Short Number		